



Step Ladder

Developed by:	Approved by:	Date created:	Last revision:
Safety Department	J. Moffat	October 2022	December 1, 2022
Possible Hazards Present	Personal Protection Required	Additional Training	
<ul style="list-style-type: none"> - Pinch points - Falling 	<ul style="list-style-type: none"> - Steel Toed Boots - Safety Glasses - Hard Hat 	<ul style="list-style-type: none"> - Material Handling - PPE 	
<ol style="list-style-type: none"> 1. Obtain authorization for ladder usage if there is a possibility to fall more than 2 meters. 2. A second person may be needed to hold the ladder. 3. Ensure legs are locked in the open position. 4. Have both hands free to ascend or descend the ladder. 5. Always climb the ladder facing the rungs. 6. Work must be performed within arm's reach to avoid falling. 7. Do not work above another person or something that could further injure you if you fall . 8. Do not use power tools specifically designed to be operated with 2 hands. 9. Do not use tools requiring a high degree of leverage type force such as crowbars or pinch bars. 10. Use only insulated ladders for electrical work. 11. Do not walk the ladder while using it. 12. Do not use in the arc of a door opening or access area without barricading off the area. 13. Never use a step ladder on a table, chair or crate. 14. Always inspect and document inspection. 			
Documentation/Legislation Workplace Safety and Health Regulation, M.R. 217/2006 6 Personal Protective Equipment 13.8 Ladders 13.11 Portable Ladders CSA Standard CAN3-Z11-MB1 (R2005)		This Safe Work Procedure will be reviewed anytime the task, equipment or materials change and at a minimum every three years.	