



### Getting On and Off Equipment

Developed by:		Approved by:	Date created:	Last revision:
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Possible Hazards Present		Personal Protection Required		Additional Training
<ul style="list-style-type: none"> <li>- Slip/trip hazard</li> <li>- Fall Injury</li> <li>- Pinch points</li> </ul>		<ul style="list-style-type: none"> <li>- Steel toed boots</li> <li>- Hard hat</li> <li>- Safety vest</li> </ul>		- PPE
<ol style="list-style-type: none"> <li>1. Clean boots of mud or ice before climbing onto machine or truck.</li> <li>2. Using grab rail and facing the machine/truck, step onto the first step.</li> <li>3. Maintain 3-point contact at all times (Two hands and one foot or one hand &amp; two feet)</li> <li>4. Climb into cab.</li> <li>5. To climb off machine/truck, make sure the machine is on level ground and brakes are set.</li> <li>6. Step out of cab onto ladder and while facing the machine descend using 3-point method.</li> <li>7. Do not jump from the machine/truck or get off while it is in motion.</li> <li>8. Be extra cautious under wet or icy conditions.</li> <li>9. Do not allow anyone to ride outside of machines/trucks.</li> </ol>				
<b>Documentation/Legislation</b> Workplace Safety and Health Regulation, M.R. 217/2006  4 General Workplace Requirements 6 Personal Protective Equipment 16 Machines, Tools and Robots 22 Powered Mobile Equipment			<p><b>This Safe Work Procedure will be reviewed anytime the task, equipment or materials change and at a minimum every three years.</b></p>	