



First On–Last Off Procedure

| Developed by: | Approved by: | Date created: | Last revision: |
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| B White Safety Coordinator | Jason Moffat | November 2009 | December 1, 2022 |
| Possible Hazards Present | Personal Protection Required | Additional Training | |
| <ul style="list-style-type: none"> - Slips (frost, snow, rain, debris, tar) - Falls - Electricity - Weather - Overexertion | <ul style="list-style-type: none"> - Slip proof footwear - Hard hat - Secured ladder | <ul style="list-style-type: none"> - Fall protection Training | |
| <ol style="list-style-type: none"> 1. Fall protection is not required in first on-last off situations but should be used if feasible. 2. The worker must be trained and competent in roof work. 3. The workers must be familiar with this SOP. 4. The worker is only to be exposed to fall hazards for a short period of time (less than 20 minutes). 5. Examples of tasks are: installing or removing roof anchors, hooking up to roof anchors, accessing attic hatches, minor repairs, roof evaluation. 6. Ladders are to be secured and proper ladder SOPs followed. 7. Ladder should be directly below the anchor or hatch that is to be accessed. 8. Travel is to be directly to anchor or hatch and return. 9. When installing or removing anchors the worker must hook up once an anchor is in place and must stay hooked up until the last anchor is removed or he unhooks from a permanent anchor to leave the roof. 10. The buddy system should be used with one person always on the ground. 11. REPORT ANY DANGEROUS SITUATIONS TO THE SUPERVISOR. | | | |
| Documentation/Legislation Workplace Safety and Health Regulation, M.R. 217/2006 2.1 Safe Work Procedures 14 - Fall Protection | | This Safe Work Procedure will be reviewed anytime the task, equipment or materials change and at a minimum every three years. | |