

## **Construction Laborer**

	Approved by:	Date created:	Last revision:
Developed by:			
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Possible Hazards Present	Personal Protection Required	Additional Training
<ul> <li>Slip/trip</li> <li>Muscle strain</li> <li>Heavy machinery</li> <li>Pinch points</li> <li>Construction debris</li> <li>Working alone</li> </ul>	<ul><li>Steel toed boots</li><li>Hard hat</li><li>Reflective Vest</li></ul>	- PPE

- 1. Do an inspection of work area before starting any task
- 2. Make eye contact with all equipment operators to ensure they see you
- 3. Stay alert and periodically look at surroundings to ensure safety
- 4. Request assistance to move all heavy or awkward objects
- 5. Practice good housekeeping

## Documentation/Legislation

Workplace Safety and Health Regulation, M.R. 217/2006

- 4 General Workplace Requirements
- 6 Personal Protective Equipment
- 8 Musculoskeletal Injuries
- 12 Hearing Conservation and Noise Control
- 13 Entrances, Exits, Stairways and Ladders
- 20 Vehicular and Pedestrian Traffic

This Safe Work Procedure will be reviewed anytime the task, equipment or materials change and at a minimum every three years.